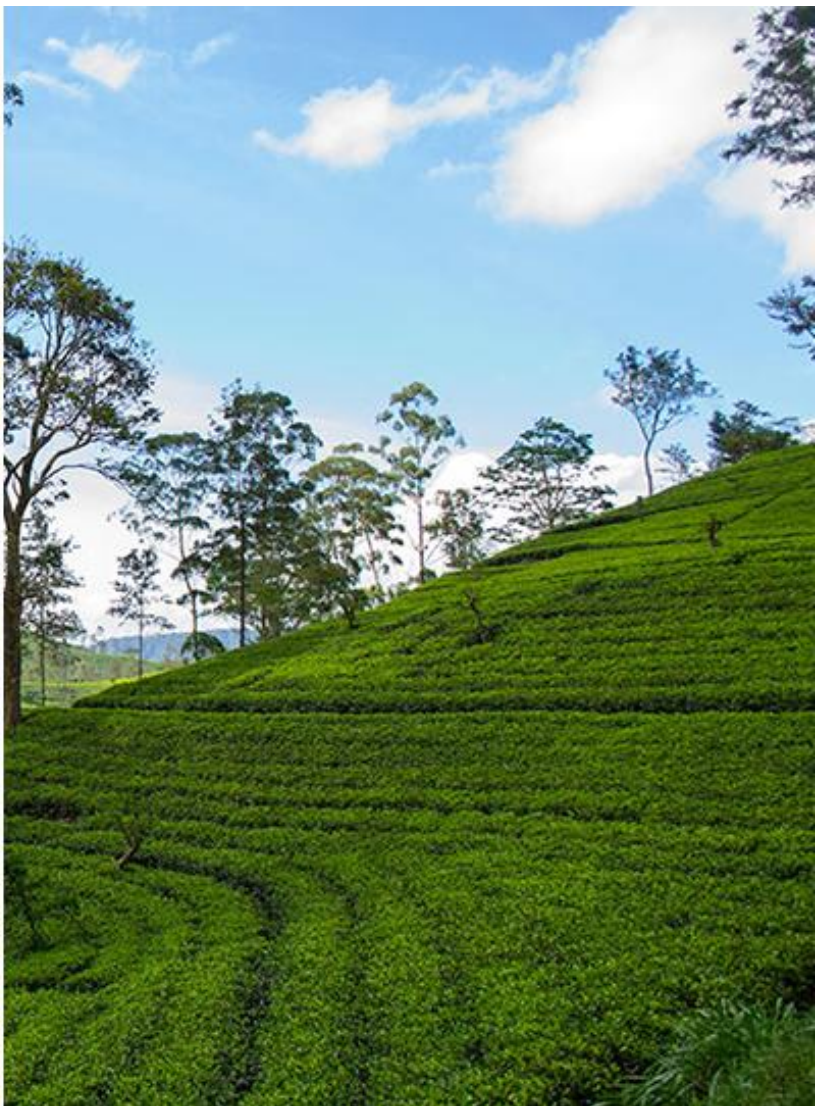


The Heritage, Highlands & Rainforest Loop

5 Nights / 6 Days

From ancient kingdoms and mist-covered tea highlands to untouched rainforests and vibrant city life, this carefully crafted journey offers a deeper connection to the diverse beauty of Sri Lanka. The Heritage, Highlands & Rainforest Loop blends culture, nature, adventure, and authentic local experiences into one unforgettable escape across the island.



Day 1: BIA to Kandy (115 km | 3h 30m)

Welcome to Sri Lanka!

Upon arrival at the Colombo International Airport, you will be met by a designated guide from Terra Ceylon. After the formalities at the airport, you will be escorted to your air-conditioned vehicle and then transfer to Kandy.

- **En Route Spice Garden:** Visit an authentic garden to learn about the cultivation of Ceylon's world-famous spices like cinnamon and cardamom.
- **Gem Gallery:** Explore a free premier gem museum to see the processing of rare blue sapphires and the island's mining history.
- **Kandyan Cultural Show:** An evening performance of traditional drumming, vibrant masks, and fire-walking.
- **Stay:** Overnight stay in **Kandy**.



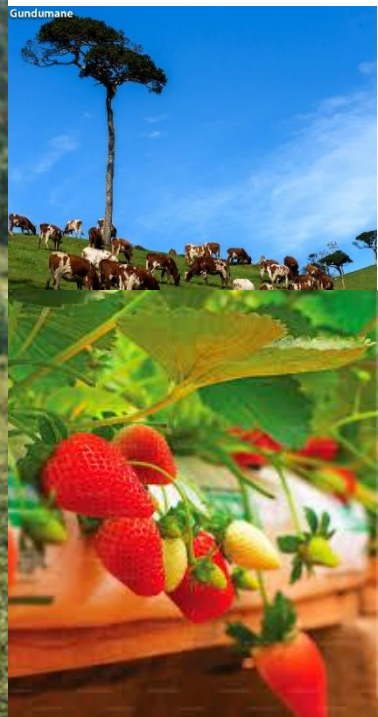
Day 2: Kandy to Nuwara Eliya (80 km | 3h)

- **Morning Culture:** Visit the **Temple of the Sacred Tooth Relic** followed by a peaceful walk around the scenic **Kandy Lake**.
- **Tea Estate & Factory:** Tour a high-altitude plantation to see the artisanal creation of Ceylon Tea and enjoy a fresh brew.
- **Gregory Park:** Spend a relaxing evening by the lake. You can enjoy a swan boat ride, a pony ride, or a simple stroll in the cool "Little England" atmosphere.
- **Stay:** Overnight stay in **Nuwara Eliya**.



Day 3: Nuwara Eliya to Sinharaja (160 km | 5h)

- **Ambewela Farm:** Visit the "Little New Zealand" of Sri Lanka to see the vast dairy pastures and cattle breeding at high altitudes.
- **Strawberry Farm:** Stop to pick or taste fresh strawberries and cream in the cool mountain climate.
- **Scenic Descent:** Drive from the mist-covered mountains down toward the tropical forest belt.
- **Rest at Sinharaja:** Arrive and settle into your eco-lodge; enjoy a quiet evening surrounded by the sounds of the primary rainforest.
- **Stay:** Overnight stay in **Sinharaja**.



Day 4: Sinharaja to Kitulgala (85 km | 3h)

- **Full Rainforest Trek:** A guided morning trek deep into the **Sinharaja UNESCO Rainforest**. Spot endemic birds like the Blue Magpie and various rare flora.
- **Waterfall Visit:** Hike to hidden waterfalls within the forest for a refreshing dip in pure, natural spring water.
- **Travel to Kitulgala:** Head to the riverside adventure hub of the island.
- **Stay:** Overnight stay in **Kitulgala**.



Day 5: Kitulgala to Colombo (90 km | 2h 30m)

- **White Water Rafting:** An exhilarating morning session navigating the rapids of the Kelani River.
- **Science & Sky:** Visit the **Sri Lanka Planetarium** for an astronomy show and the **Lotus Tower** for 360-degree city views.
- **City & Shopping Tour:** Visit **Independence Square, Town Hall, and Viharamahadevi Park**. Drive through **Parliament Road** and the oceanfront **Galle Face Beach Drive**.
- **Retail Discovery:** Explore the **Pettah Local Market** followed by final shopping at **House of Fashions**.
- **Stay:** Overnight stay in **Colombo**.



Day 6: Colombo to BIA (35 km | 45m)

- **Departure:** Final transfer to the airport via the Expressway- 03 Hours Before Departure of your Flight



Compliments

- Free 5.5 GB data SIM card
- Daily 500ml water bottles per person

Price Inclusions:

- Airport pick up & drop off
- Accommodation
- Transportation by A/C private vehicle with the services of a chauffeur guide
- Fuel & vehicle insurance
- Government taxes

Price Exclusions:

- Beverages, extra meals in the tour
- Entrance fees to other sightseeing places
- Water sport activity charges
- Early check-in and late check out
- Sri Lanka tourist visa
- Air fare
- Guide tips

Terms & Conditions

- Bookings are confirmed after 50% deposit or full payment. Balance payment to be made 14 days prior to arrival
- Prices may vary until confirmation
- Travelers are responsible for travel documents
- Itineraries may be adjusted due to operational needs
- Third-party services are provided by selected partners
- Terra Ceylon supports guests in case of service concerns

Cancellation & Refund Policy

- 30 days or more before arrival – 80% refund
- 15–29 days before arrival – 50% refund
- Less than 72 hours before arrival / No-show – No refund

Refunds are subject to non-recoverable costs from third-party providers.

